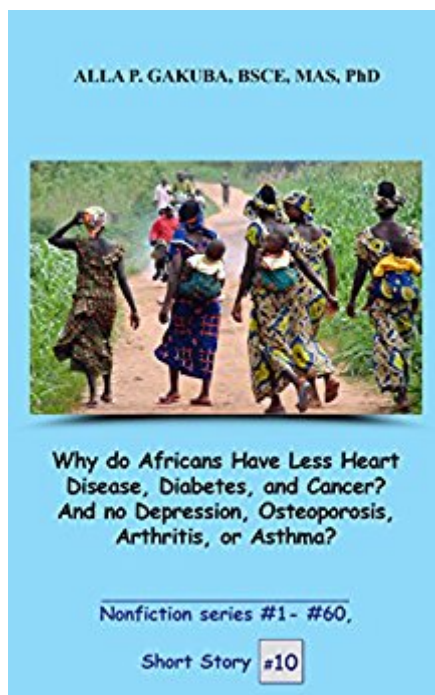


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# Why Do Africans Have Less Heart Disease, Diabetes, And Cancer? And No Depression, Osteoporosis, Arthritis, Or Asthma? SHORT STORY #10: This Is A Motivational ... Of #1- #60 (Nonfiction Series # 1 - # 60)



## Synopsis

Working in Africa (Rwanda and Tanzania) the author made a discovery that Africans have less heart disease, diabetes, and cancer. And no depression, osteoporosis, arthritis, or asthma. Many years later, when living in the United States, the author found the answer which she share it in this story. Why do Africans have less heart disease, diabetes, and cancer? And no depression, osteoporosis, arthritis, or asthma? This observation the author made soon she arrived in Rwanda, Central Africa. To find the answer she asked her then husband, a physician. But he did not know either. Later, she moved to the USA and for many years this question was staying dormant in her brain database. Then one day, when she started experiencing her personal osteoporosis problem, she retrieved a segment of her life when she was working in Africa. And voila! The answer popped out. She gave this answer in this story.

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